

Twenty Second Sunday in Ordinary Time



**Saturday, September 1:**

5:00 James K. Crowdell

**Sunday, September 2:**

7:00 Ben Zarrelli  
9:00 Ai Zhen Zheng  
11:00 Ralph Knisley  
1:00 People of the Parish  
5:00 Joyce Sullivan-Kirchin

**Monday, September 3:**

9:00 Grace & Joseph Abate

**Tuesday, September 4:**

7:00 Arthur DeCross Jr.  
9:00 Jonathan Antonioli

**Wednesday, September 5:**

7:00 Aldo & Raquel Aramyo  
9:00 Jeanne Rigney Benedetto

**Thursday, September 6:**

7:00 Viola Masterson  
9:00 John Clark

**Friday, September 7:**

7:00 Steven Riska  
9:00 Thomas & Dorothy Easop

**Saturday, September 8:**

9:00 Susan Whelan  
5:00 Victoria & James Crowdell

**Sunday, September 9:**

7:00 Deceased Members of The Quinn & McCauley Families & Souls in Purgatory  
9:00 Xue Qian Zheng  
11:00 Dr. Angelo Santoro  
1:00 Susan Whelan  
5:00 Anthony McCleary

**Saturday, September 8:**

5:00 Mary Rosso Barbara Kelly

**Sunday, September 9:**

7:00 Efrain Ortiz  
9:00 John Mooney Jr. Evelyn Bilotto  
11:00 Maria Montouri Regina Torello  
1:00 Pat Jezycki Rosetta Messina  
5:00 Jack Gordon Efrain Ortiz



Susan Pellecchia, Lois Mazzitelli, Meghan Clark, Alberto Meranda, Anna Parente, James Parente, Mary Kenny, John C. Marino, Cpl Justin Campbell, Sheila Jones, Frank Silvestri, Barbara Walsh, Christian Pepo, Jean Forte, Kathryn Capofari, Anthony Umana, Barbara Rotondo, Mark Herman, Frances Bocignone, Crystal Helewa, Daniel Juliano, Lizabeth Walsh, Michael DiCostanzo, Barbara Lord, Linda Powers, Dana DiPietro, Joseph Detz Sr., James Carney, Danny Fortunato, Stacey Tierno, Douglas Carnegie, Joseph Brancato, John O'Dowd Sr., Joseph DeMeo, Nicholas McAleer

**Collections:**

August 26th.....\$6,845.00  
August 2018 Budget Deficit..... \$466.00  
Congratulations to Mrs. John McGarry on winning the August 2018 Fifty-Fifty.

**Wedding Banns**

III Ronald Mark Tinao Jr. & Jennifer Dorothy Gioia  
II Zachary Bernhard Iken & Alexandra Rose Petruzelli

## NOTE FROM THE PASTOR

Dear Parishioners,

A new study by JAMA Psychiatry makes clear that women who attend religious services are much less likely to commit suicide. [Melissa Healy, “Church Attendance Linked With Reduced Suicide Risk, Especially For Catholics,” *latimes.com*, 29 June 2018.]. Between 1996 and 2010, when the suicide rate for non-religious women rose, women who attended any religious service once a week or more were five times less likely to commit suicide. Protestant women who worshiped weekly at church were far less likely to end their own lives than were women who seldom or never attended services. But these same Protestant women were still seven times more likely to die by their own hand than were practicing Catholic women.

Among especially devout Catholic women — those in the pews more than once a week — suicides were non-existent. Of the 6,999 Catholic women who were tracked in the survey who attended Mass more than once a week there was not a single suicide. On the other hand, Catholics who never attended Mass committed suicide nearly as often as did women of other religions who were not active worshipers.

“Religion and spirituality may be an underappreciated resource that psychiatrists and clinicians could explore with their patients, as appropriate,” wrote a team of researchers led by Tyler VanderWeele of Harvard University’s T. H. Chan School of Public Health. This statement represents a break from the father of psychiatry, Sigmund Freud, who denounced religious belief as the “universal obsessional neurosis of humanity.”

The new study comes just two months after the Centers for Disease Control and Prevention documented a rise in U.S. suicides between 1994 and 2014. In that time, suicide rates rose among males and females in all age groups between 10 and 74. Although women remain much less likely than men to commit suicide, the CDC found that gap narrowing. Among women between 45 and 64 — the ages at which women are most likely to kill themselves — the rate of suicide in 2014 jumped 80% compared to 1999.

The study may be one more instance of current research manifesting the potential benefits of religiosity. Dr. Aaron Kheriaty, associate professor of

psychiatry at UC Irvine, said the new study’s findings strengthen a link between religious practice and mental health. Kheriaty, the author of a very good book entitled: *The Catholic Guide to Depression* (2012), acknowledged the power of religion’s strong proscriptions against suicide. The Catholic Church teaches that suicide is a mortal sin. She has warned us from the beginning that those who kill themselves are in grave danger of Hell-fire. However, a suicide-victim’s culpability may be diminished by serious psychological disturbances, anguish or profound fear of suffering. Moreover, families should not despair of the eternal salvation of a loved one who has taken his or her own life. Kheriaty admitted that not only does religion protect us against the act of suicide, but it seems to also protect a person against that which leads to suicide—that final solution to a temporary problem—namely, despair.

I agree with Dr. Kheriaty. Our religion is uniquely constructed to protect us against despair because despair comes when people have no purpose, when they find themselves at a point when they cannot find any meaning in life. We Catholics, on the other hand, understand the purpose of life and trust that we can achieve it because Jesus said so. The purpose of life is reflected well in the old Catechism question: “Why did God make me?” The answer? God made me to know Him, to love Him and to serve Him in this world and to be happy with Him forever in the next. It is through the Catholic Church that we achieve the purpose of life because in the Church we encounter Jesus, who is *the way, the truth and the life*. (John 14:6). In our personal relationship with Jesus we know God and to know Him is to love Him. To love Him is to serve Him and to serve Him is to reign with Him, now and forever.

God bless you!

Father Eric

**The Bread and Wine are donated in loving memory of Paul & Mary Snyder.**

**The Flowers are donated in loving memory of Maria Elena Graziano.**

**Sacred Heart 2017-2018:** If you and your spouse are considering a Private/Catholic school for your children, Sacred Heart is the perfect choice. Sacred Heart School is a West Brighton fixture with a rich history of academic and athletic success. The school currently has an enrollment of 278 students all of whom are inspired and educated in the image of God. One hundred percent of our 8th grade graduates are accepted into their high school of choice. Many of our students are awarded high school scholarships, are accepted into advanced/specialized programs and our school has among the highest ELA and Math scores on Staten Island. We place emphasis on technology in the classrooms as our kindergarten—eighth grade students have Chromebooks in the classroom. Homework assignments, upcoming events and school news are posted on our school website. Also our basketball, soccer, swimming and golf teams are not only competitive, they win! Sacred Heart also has a Junior National Honor Society as well as drama, art and chess clubs. In addition, we offer a free Pre-K and financial assistance is available to students from K-8th grade. If you are interested please contact the school at (718) 442-0347, private tours are available by appointment.

**9/11 Memorial Mass:** The annual Sacred Heart 9/11 Memorial Mass will take place on Sunday, September 9th at 11 AM. A memorial wreath will be placed on the 9/11 monument on the rectory lawn after the Mass in honor of the parishioners we lost on that tragic day.

### **ALTAR SERVER SCHEDULE**

#### **Saturday, September 8, 2018:**

5:00 H. Bond, B. Daniels, M. Donovan

#### **Sunday, September 9, 2018:**

7:00 Matt, Julia & Sean Ahern

9:00 A. Cruz, R. Delamasa, M. Perkert

11:00 Ann, Kathleen & Siobhan McCafferty

1:00 B. Freund, Thomas & Jack Smith

5:00 W. Hollnsteiner, L. O'Neal, G. Garcia

**Sacred Heart Capital Campaign:** We are very pleased and excited to announce that Sacred Heart Parish has met its Capital Campaign goal of \$926,000. In fact, we are now (as of this writing) at \$1,060,885 which represents 115% of our overall goal. We thank each and every parishioner who has given/pledged to our campaign and we encourage those who haven't to give what their means will allow. Remember if our campaign reaches 120 % then every dollar donated stays with the parish.

**CCD Registration:** CCD Registration for 2018-2019 is going on now, registrants are to send in forms as soon as possible. New registrations come to the rectory and pick up/drop off forms. On Wednesday, September 5 from 6-8PM there will be in person registration in the school cafeteria. Classes will begin on Wednesday, September 12th with grades 1-5 from 3:30-5 PM and grades 6-8 from 5:30-7 PM. **Confirmation Meeting:** Monday Sept 17th, 7 PM, school auditorium. **Communion Meeting:** Monday, Sept 24th, 7 PM, auditorium.

**Mission Appeal September 8 & 9th:** Next weekend September 8 & 9th Father David Adiletta will be preaching at all the Masses as part of this year's Mission Cooperative Plan. Fr. David, a Dominican Friar served in East Africa for nine years. There the Friars are engaged evangelization of poor and impoverished regions. The faith is new in this area so every donation counts and is greatly appreciated by those serving in these countries.

**Rectory Closed Labor Day:** The Rectory Office will be closed in honor of Labor Day on Monday, September 3rd. Regular business hours will resume on Tuesday, September 4th. The Rectory Office is open Monday, Wednesday and Friday from 9 AM-9 PM. Tuesday & Thursday from 9 AM-5 PM and Saturday & Sunday from 10 AM-6 PM.

## **SACRED HEART PARISH** **GROUPS**

**Bible Study:** Our Pastor, Fr. Eric, has a weekly Bible study group which meets on Saturdays from 1-2 PM in the school's small cafeteria. During the hour The Rosary is recited, Father gives a short bible lecture and there is a brief group discussion. All parishioners are welcome to attend.

**Altar Servers:** We are always looking for new boys and girls to become altar servers. If you are in the fifth grade or older, are a practicing Catholic and have received your first Holy Communion you can join. If anyone is interested please contact the Rectory at (718) 442-0058 or simply ask Fr. Eric after Mass. Being a server not only increases one's spiritual experience at Mass but also is a great way to get involved in the parish.

**Sacred Heart Youth Group:** Sacred Heart currently has a Youth Group for children in grades 6-12. If your child is interested in joining or if you have any questions contact Maria Montouri at (347) 247-2930. The group meets every first and third Monday of the month in the school cafeteria at 7 PM. There is free pizza, drinks and snacks for all who attend the meetings. The group does service projects like clothing and coat drives, eye-glass drives and bake sales. There are fun social activities like movie nights, bowling and laser tag!

**Legion of Mary:** The Sacred Heart chapter of the Legion of Mary meets weekly (if possible) on Wednesday at 6:30 PM in the rectory. The meeting lasts roughly one hour and the members pray the Rosary and offer assistance to the Pastor. If you are interested please call Patti Foley at 917-608-7587. All are welcome. Thanks to all who support the Legion of Mary.

**Sacred Heart Scouts:** Pack and Troop 74 for grades K-10 for "ALL" children meets on Mondays at 7 PM in the school cafeteria, open registration.

**Holy Name:** The Holy Name Society is one of the oldest and most traditional groups of the Church. We are excited to be bringing it back to Sacred Heart. All men of the parish ages 18 and older can join. The next meeting will take place on Sunday, September 9th at 6:30 PM in the small cafeteria.

**Communion Breakfast 2018:** The Holy Name is pleased to announce the return of the Sacred Heart Communion Breakfast which will take place on Sunday, September 23rd, from 10:30 - 1 PM at The Staaten. All parishioners are welcome. The cost is \$20 per adult and \$10 for children under 13. Jim Engles a Sacred Heart Graduate and the current coach of The Columbia Men's Basketball Team will be the guest speaker. We are excited about the return of this annual event which helps launch our school year. For more details please contact either Bill Althoff at 347-249-7692 or Bill Rautenstrauch at 917-756-2715. There will be Holy Name members collecting tickets for the breakfast after all the Masses this weekend.

**Sacred Heart Soccer 2018-19:** Sacred Heart Soccer Club registration is now currently open for the 2018-2019 season. Players from PK-4 through Eighth Grade are welcome to register. Please visit the website at [www.sacredheartsoccerclub.siplay.com](http://www.sacredheartsoccerclub.siplay.com) to register. For more information or details contact Marilyn Corson at 917-363-2786.

**Sacred Heart Cross Country Track:** When school resumes The Sacred Heart Cross Country Track Team will have their practices at Royal Oak (in Clove Lake Park ) on Mondays at 6:30 PM. Boys and Girls from kindergarten through eighth grade can join, the fee is \$50 with shirt or \$40 if shirt has been purchased. Meets will begin on September 22nd at Royal Oak and for more information please contact Tom Hogan at (718)-720-5430 or John Trimmer at (718) -442-3731. Our track and field team has a rich history of success and championships.

**Our Lady of Pity, Eve of Solemn Remembrance:** The 17th annual Eve of Solemn Remembrance will take place at Our Lady of Pity on Monday, September 10th at 7:30 PM. Bishop John J. O'Hara will be the main celebrant, a list of the victim's names will be read and there will be candlelight reflection. Sacred Music by Maura Molloy starts at 7 PM.