

Sixth Sunday in Ordinary Time



Saturday, February 10:

5:00 Gilda Hall

Sunday, February 11:

7:00 Hon. Louis Jerome Sr.  
9:00 Deceased Members of the Mello Family  
11:00 Peter Pellegrito  
1:00 Msgr. James Dorney  
5:00 Stanley Modzelewski

Monday, February 12:

7:00 People of the Parish  
9:00 Peter Pellegrito

Tuesday, February 13:

7:00 Stephanie Kwasnicki  
9:00 Thomas J, Virginia & Gerard F. Crane

Wednesday, February 14:

7:00 Robert Schaffer  
9:00 Jack Graham (29th Anniversary)

Thursday, February 15:

7:00 Helen Bartell  
9:00 Diana Kisto

Friday, February 16:

7:00 Therese O'Shea  
9:00 Corinne O'Brien & Florence Kennedy

Saturday, February 17:

9:00 Briana Mari Tui  
5:00 Gerald Cocozello

Sunday, February 18:

7:00 Xeu Qian Zheng  
9:00 Louis Schmidt  
11:00 People of the Parish  
1:00 Msgr. Andrew Quinn  
5:00 Zheng Ai Zhen

Saturday, February 17:

5:00 Frank Ponterio

Anne Siemer

Sunday, February 18:

7:00 Theresa Zulch  
9:00 Kennedy Apoe Elizabeth D'Antuono  
11:00 Ken Wisniewski Dorothy Tarafa  
1:00 Charles Sullivan John Mooney Sr.  
5:00 Robert Mazzucco Efrain Ortiz



Susan Pellecchia, Lois Mazzitelli, Meghan Clark, Alberto Meranda, Anna Parente, James Parente, Mary Kenny, John C. Marino, Cpl Justin Campbell, Sheila Jones, Frank Silvestri, Barbara Walsh, Christian Pepo, Jean Forte, Kathryn Capofari, Rosemary Regan, Anthony Umana, Barbara Rotondo, Mark Herman, Frances Bocignone, Crystal Helewa, Daniel Juliano, Lizabeth Walsh, Joseph DeMeo, Moira Mackey, Michael DiCostanzo, Carol Perrone, Barbara Lord

**Collections:**

February 4th.....\$8,019.00

**Online Giving:** Do you know that Sacred Heart now offers online giving which makes donating quick and easy. This is perfect for our parishioners who take frequent vacations, have a busy weekend schedule or have moved but wish to continue their support of our parish. Just go to the Sacred Heart website, [www.sacredhearts.org](http://www.sacredhearts.org) and click on the link at the top of the page. Also kindly remember Sacred Heart Church in all your estate and will planning.

We ask that you keep our recently departed parishioners and their families in your prayers especially; **Richard Merenda Jr, Angelina Varrera, John Driscoll, Stephen Bielicki, Chiyoko Tango, Raymond Goscinski, William O'Neill, Susan Todd & Helen Costello.** May their souls and all the souls of the faithfully departed rest in peace.

## NOTE FROM THE PASTOR

Dear Parishioners,

In “How to Defuse a Child’s Tantrum With One Question,” Fabiana Santos speaks about a subject that is thoroughly familiar to parents everywhere. (*Aleteia.org*, January 29, 2018.). Her five-year-old daughter, Alice, started kindergarten and she was nervous. She continuously insisted that she could not keep up. At home she kept throwing tantrums with the slightest provocation, even over the most minute and meaningless things. The school administration recommended that the child begin to see a psychologist so that she could talk about what she was feeling and eventually calm down.

The psychologist selected was Sally Neuberger. She explained to Mrs. Santos that parents do well to make children feel respected by acknowledging what they are feeling. In the time of a flare-up parents need to help children (ages 5 and up) understand what is going on. When the parent acknowledges what the child is experiencing and, at the same time, invites him or her to help solve the problem, the tantrum can be neutralized.

Santos explains, “When a tantrum starts — either because the doll’s arm came off, or because it’s time to go to bed, or because the homework did not come out the way she wanted, or because he did not want to do a chore — whatever the reason, we can ask them the following question, looking into their eyes and in a calm voice: “Is this a big problem, a medium problem, or a small problem?”

Santos found real positive results as Alice was trained to actively and sincerely think about what was going on around her. After asking the question, mom and daughter then find a way to solve the problem. A small problem is always quick and simple to solve, but more weighty matters need time. Her daughter began to understand the difference. “If a problem is serious — and obviously what is serious from a

child’s point-of-view is not something to be dismissed, even though it may seem silly to us — you might need to talk it over more and help her understand that sometimes there are things that do not go exactly the way we want.”

Fabiana gave an example of this novel approach to calming her daughter’s nerves. On one occasion, she and her child were choosing clothes for school. Her daughter wanted to wear her favorite pair of pants, but they were in the wash. Alice started to melt down and so Fabiana asked, “Alice, is this a big, medium, or small problem?” She looked at her mom sheepishly and said quietly, “Small.” Fabiana explained to Alice that they already knew that small problems are easy to solve. Then she asked Alice for her suggestions on how they would solve that small problem. It is always important to give the child time to think and respond. Subsequently, Alice answered, “Choosing other pants.” Fabiana answered, “And you have more than one pair of pants to choose from.” Alice smiled and went to find another pair of pants. Fabiana congratulated Alice on having solved the problem herself because, she learned, valuing the solution is an essential aspect of finishing off the story.

After reading this article, I thought that perhaps adults could adopt this approach. When something doesn’t go our way we may ask ourselves: “Is this a big problem, a medium problem, or a small problem?” and then proceed accordingly.

God bless you!

Father Eric

**Ash Wednesday:** Wednesday, February 14th is Ash Wednesday which marks the beginning of Lent. Ashes will be distributed to parishioners after the 7 & 9 AM Masses, a 3 PM prayer service and also at 12 noon and 7 PM.

**Sacred Heart School:** Now accepting applications for September 2018

[www.ApplyCatholicSchoolsnyc.org](http://www.ApplyCatholicSchoolsnyc.org).

- Free Universal “Pre K For All” (4 year olds born in 2014).
- Apply Online beginning February 5, 2018 at [www.schools.nyc.gov/ApplyOnline](http://www.schools.nyc.gov/ApplyOnline), Sacred Heart code is 31RABJ

### **Open House Dates:**

- Tuesday, February 13, 2018 9 AM –11 AM
- Tuesday, March 13, 2018 9AM-11 AM
- Tuesday, April 24, 2018 9 AM– 11 AM

### **Lenten Regulations:**

1. Lent is a special season of prayer, penance and Christian charity.
2. Ash Wednesday and Good Friday are days of abstinence from meat as well as fasting, allowing only one full meal. A special dispensation for abstinence has been given for Friday, March 17th, in honor of St. Patrick’s Day.
3. The other Fridays of Lent are also days of abstinence from meat. The obligation of fasting on Ash Wednesday and Good Friday obliges all Catholics ages 21-59. The obligation of abstinence obliges all Catholics from age 14 onward. Those whose health would be impaired are excused from physical mortifications.
4. The Fridays outside of Lent remain days of abstinence from meat. Other acts of penance such as temperance, personal prayer, daily Mass and self denial may be substituted for abstinence.

### **ALTAR SERVER SCHEDULE**

**Saturday, February 17, 2018:**

5:00 : W. Hollnsteiner, G. Garcia, M. Fernando

**Sunday, February 18, 2018:**

7:00 A. Basile, C. Basile, B. Daniels

9:00 L. O’Neal, J. Orellana, R. Delamasa

11:00 E. Eadiccio, M. Postler, K. Postler

1:00 Kasey, Kelly & Erik Shashaty

5:00 A. Schmitt, J. Mullen, S. Ahern

### **St. Joseph Retreat Center Overnight Retreats**

(St. Joseph Hill Academy)

**Lenten Silent Directed Retreat:** Friday– Sunday March 2-4th, facilitated by Nanci Bachman and Pat Stephens. As we journey through Lent, we take a pause and this week provides silent time and space to enter into the heart of Jesus. Each day there is Mass, meetings with spiritual directors and time for prayer.

**Meditation Monday:** February 12th, March 12th, April 9th and May 7th. 7:30-9 PM. \$20 per session, facilitated by Grace Daquila. Come and be renewed, refreshed and restored with an evening of faith sharing, reflection and prayer.

**Centering Prayer Group:** Wednesday ( February 28th, March 14th and 28th). 7:30-9 PM, facilitated by Ann Louise DePalo, \$10 per session. Come and pray and rest in God’s presence. Light refreshments are served so come journey with others looking for a deeper, more personal relationship with God. The retreat house is located on the grounds of St. Joseph Hill Academy at 850 Hylan Blvd. To reserve a seat or for more information contact Ronnie Keane at (718) 720-1097 or visit [SJRetreatCenter.org](http://SJRetreatCenter.org)

**Sacred Heart Scouts:** Just a reminder to all those interested that Cub Scout Pack 74 and Boy Scout Troop 74 meet every Monday, barring holidays, at 7 PM in the school cafeteria.

**St. Peter’s Boys High School:** On Friday March 2, 2018 St. Peter’s Boys High School will be holding its annual Chinese Auction. This is a major fundraiser for the school’s parents club and your support will be truly appreciated. The event will be held in the gymnasium, doors open promptly at 6 PM with numerous prizes and raffles. Admission is \$5 and no children under twelve years of age will be permitted.

## **SACRED HEART PARISH GROUPS**

**Bible Study:** Our Pastor, Fr. Eric, has a weekly bible study group which meets on Saturdays from 1-2 PM in the school's small cafeteria. During the hour The Rosary is recited, Father gives a short bible lecture and there is a brief group discussion. All parishioners are encouraged and welcome to attend.

**Altar Servers:** We are always looking for new boys and girls to become altar servers. If you are in the fifth grade or older, are a practicing Catholic and have received your first Holy Communion you can join. If anyone is interested please contact the Rectory at (718) 442-0058 or simply ask Fr. Eric after Mass. Being a server not only increases one's spiritual experience at Mass but also is a great way to get involved in the parish.

**Sacred Heart Youth Group:** Sacred Heart currently has a Youth Group for children in grades 6-12. If your child is interested in joining or if you have any questions contact Maria Montouri at (347) 247-2930. The group meets every first and third Monday of the month in the school cafeteria at 7 PM. There is free pizza, drinks and snacks for all who attend the meetings. The group does service projects like clothing and coat drives, eyeglass drives and bake sales as well as fun social activities like movie nights, bowling and laser tag! Also, any student who is currently in need of community service hours can join for an easy way get hours and have some fun at the same time.

**Legion of Mary:** The Sacred Heart chapter of the Legion of Mary meets weekly (if possible) on Wednesday's at 6:30 PM in the rectory. The meeting lasts roughly one hour and the members pray The Rosary and offer assistance to the Pastor. If you are interested please call Patti Foley at (718) 983-5416. All are welcome

and thanks to all who support The Legion of Mary.

**Holy Name:** The Holy Name Society is one of the oldest and most traditional groups and we are excited to be bringing it back to Sacred Heart. All men of the parish ages 18 and older can join and meetings are held on the first Sunday of the month at 6:30 PM in the school auditorium. Light refreshments are served. The next meeting is on Sunday, February 18th at 6:30 PM.

## **CALLING ALL ST. MONICA'S MOTHERS GUILD ALUMNI**

YOU ARE CORDIALLY INVITED TO ATTEND A COCKTAIL PARTY TO CELEBRATE THE LIFE-LONG FRIENDSHIPS THAT WERE FORGED DURING OUR YEARS AS MEMBERS OF THE ST. MONICA'S MOTHERS GUILD. LETS ALL GET TOGETHER AND REMINISCE ABOUT THE TALENT SHOWS, THE SMG PLAYS, ITALIAN NIGHT, ST. PATTY'S DAYS PARTIES AND COUNTLESS HOURS SPENT IN THE GYM SETTING UP FOR HOLIDAY FAIRS, GRADUATES BREAKFASTS JUST TO NAME A FEW. PLEASE REACH OUT TO FRIENDS AND FAMILY, COME RECONNECT WITH OLD FRIENDS AND MAKE THIS A MEMORABLE NIGHT!

DATE: February 23RD, 2018

TIME: 8PM TO 11 PM

PLACE: THE STAATEN, OF COURSE!

PRICE:\$65

INCLUDES DJ, 3 HOUR COCKTAIL PARTY, OPEN BAR

PLEASE MAKE CHECKS PAYABLE TO THE STAATEN.

RSVP BY FEBRUARY 16TH

ANY QUESTIONS PLEASE PM CAROL MARCINAK OR SUE PELLEGRITO

CHECKS CAN BE DROPPED OFF OR MAILED TO SUE PELLEGRITO 76 WALNUT STREET S.I.N.Y. 10310

**Sacred Heart Choir:** The Adult Choir sings on the 2nd and 4th Sundays of the month, rehearsals take place at 10:15 AM the Sunday you are scheduled to sing. If any new members who can carry a tune wish to join they do so by simply showing up. Being a member of the choir is a great way to enhance your spiritual experience at Mass. Remember he who sings prays twice!