

THE FOURTH SUNDAY OF LENT



Altar flowers are in honor of Robert Lamberti from those who love him.

SATURDAY, MARCH 5

5:00 HON. LOUIS JEROME, SR.

SUNDAY, MARCH 6

7:00 THOMAS MC GOWAN
9:00 L. BENJAMIN ZARRELLI
11:00 PEOPLE OF THE PARISH
1:00 WILLIAM WALSH
5:00 KATHLEEN GREGORIO

MONDAY, MARCH 7

7:00 EDWARD JOSEPH LOWE JR.
9:00 CORRINE O'BRIEN & DEE KENNEDY

TUESDAY, MARCH 8

7:00 IN THANKSGIVING OF THE SACRED HEART
AND OUR LADY FOR BLESSINGS
9:00 MARY SANTORA

WEDNESDAY, MARCH 9

7:00 MARIE D. CARNEGIE
9:00 NED THOMPSON

THURSDAY, MARCH 10

7:00 CHARLES M., MARY &
CHARLES DONOHUE
9:00 ROBERT LAMBERTI

FRIDAY, MARCH 11

7:00 ANNE COOKE
9:00 MARY O'CONNOR

SATURDAY, MARCH 12

9:00 JOHN PURCELL
5:00 MATTHEW DRISCOLL

SUNDAY, MARCH 13

7:00 DECEASED MEMBERS OF THE QUINN &
MC CAULEY FAMILIES & THE SOULS IN
PURGATORY
9:00 AL & SUE AMORE
11:00 PEOPLE OF THE PARISH
1:00 DENNIS NIX
5:00 CORAZON ARIADO

LECTORS

EUCCHARISTIC
MINISTERS

Saturday, March 12

5:00 Mary Rosso Theresa Hudik

Sunday, March 13

7:00 Vincent Tarasovis
9:00 Anne Siemer Evelyn Bilotto
11:00 Youth Group Regina Torello
1:00 Charles Sullivan Shirley Fennell
5:00 Fred Maley Efrain Ortiz



Susan Pellecchia, Lois Mazzitelli, Rosanne Mezzacappa, Christopher Luciano, Patricia Repoli, Tim Campagna, Meghan Clark, Alberto Meranda, Jerry Russo, Anna Parente, James Parente, Ruth Manieri, Mary Kenny, John C. Marino, Michael Rucci, Cpl Justin Campbell, Barbara Brennan, Sam Pezzano, Sheila Jones, Edward B. Hanson, Robert Gaylord, Emily Baron, Frank Silvestri, Carol Van Manen, Frank Juliano, Richard Nagrowski, Theresa Mirante, Barbara Walsh, Christian Pepo, Joe Arrigo, Thomas Coppola II, Terrence Gibbons, Sondra Cronin, Jean Forte, Baby Michael John DiCostanzo, Bill Kiesewetter, JoAnn DiPietro, Robert Williams, Sebastian Lattuga, Linda Browne, Linda Powers, Frances Nodar, Charles DeCarlo

Collections:

Regular February 28 \$5,600 .00
50/50 \$520.00

Congratulations to the February 50/50 winner

M/M Louis Pannone.

This weekend there will be a Special Collection for Catholic Relief Services.

Wedding Banns

III Vincent Mazzola and Christine DeLuccio



**EXPOSITION OF THE BLESSED
SACRAMENT AND STATIONS OF THE
CROSS** will be every Friday during Lent.

Exposition will start at 9:30AM (barring any funerals) and end with Benediction at 7:15 PM. Stations of the Cross will follow at 7:30 PM.

The Bread and Wine are offered for a **Special Request** through the intercession of the Blessed Virgin offered by Margaret Hale.

NOTE FROM THE PASTOR:

Dear Parishioners,

This past weekend our focus was on Sacred Heart children in a special way. Of course, we are always thinking of them, but especially last weekend, when our Confirmation students attended the annual retreat at Sacred Heart School and our youth basketball teams competed for Staten Island championships.

Congratulations to our *confirmandi*, who receive the Sacrament on April 20th, and to the 4th Grade Girls, 5th Grade Girls, 8th Grade Girls, 3rd Grade Boys, 5th Grade Boys and 8th Grade Boys teams. Sacred Heart once again had more teams than any other program on Staten Island playing in the CYO Championship games with a total of 6. Thank you Jesus! Thank you parents and volunteers of the Y.A.C.! Since our attention is on the kids, it seems fit to consider that there are two things that seem especially beneficial to children: smiling at them and eating with them. Let me explain.

How does smiling help? In July of 2012, *The Atlantic* reported on a study conducted by psychology researchers at the University of Kansas. The research team asked each of the 169 participants to make one of three preselected facial expressions: one showing no emotion; one with a standard smile; or one with a wide, high-cheek deep smile. The researchers then outfitted each person's mouth with an apparatus in order to keep the particular facial expression in place during the rest of the experiment. After the faces were set in place, the participants performed a series of stressful activities that required them to multitask. The researchers compared their heart rates, emotional states, and facial expressions to one another and concluded that the bigger the smile, the more calm and relaxed the person was, even though the stressful activities were the same for each group. Therefore, when we smile at our children we can pass on to them a peaceful joy. Moreover, we follow the advice of the saints who tell us that smiling is an important way to affirm one another and say yes to God. A smile says, "I am happy to be in relationship with you!" Children need that message now more than ever.

Eating meals together as a family is very beneficial also. The American College of Pediatricians has examined much research and now recommends that pediatricians encourage parents to partake of the family table. Better family relationships, healthier eating, better grades, and decreased drug and alcohol use by teens are just some of the advantages of frequent (defined as five per week) family meals. Children like structure, and family meals help provide just that. According to Drs. Jane Anderson and Den Trumbull, authors of the ACP analysis, sitting down with each other at the end of the day allows families to reconnect, to communicate, and to share values. Dinnertime together is also a chance for children to observe how their parents interact and express emotions, and for the whole family to learn how to treat each other with kindness and respect. Teenagers who have more frequent meals with their families are more likely to report having positive relationships with them. They were also less likely to engage in sexual activity, and were less likely to undergo depression and other emotional problems. "When families regularly share meals together," says the ACP, "everyone benefits - the children, parents and even the community."

God bless you!

Fr. Eric

Regional Day of Mercy:

Cardinal Dolan is hosting a "Regional Day of Mercy" as part of the Jubilee Year of Mercy on Sat, March 12, at Our Lady of Pity Church, 1616 Richmond Ave. You are all invited to attend this celebration, which begins at 2:30pm, and will include reflections from a missionary of mercy, witness talks to the power of mercy, Eucharistic adoration, confessions, and a talk on mercy by the cardinal. The cardinal will close the day by celebrating Mass at 5:30pm, and there will be a light reception to follow. Please come and experience the power of the Lord's mercy and learn how we can become instruments of mercy in the lives of others as well. The event is bilingual, and all are most welcome.

Sacred Heart School- Registration 2016-2017

Now accepting applications for September 2016.
Free Full Day Universal Pre-K for All 4 yr olds
Pre-K 3, Kindergarten and Grades 1-8

CCD MARCH HAPPENINGS

Classes in session March 9, 16 & 23

Youth Mass Next Sunday March 13th - 11AM Mass

Palm Crosses: The Sacred Heart Youth Group is fundraising through the sale of Palm Crosses which may be purchased after the 5PM Mass on Saturday, March 12th and all of the Masses on Sunday, March 13th (while supplies last) for \$10- cash only please.

Girl Scouts:

The Girl Scouts will be selling Girl Scout Cookies after all of the Masses next weekend March 12th & 13th in the back of the church.

Chrism Mass

A bus trip to the Chrism Mass at St. Patrick's Cathedral on March 22nd leaves Blessed Sacrament Church at 1:30PM. Mass is at 4:00PM and return will be between 6:00 & 7:00PM. Reserved seating at the Cathedral. Cost \$25 per person. Call Margaret at 718-442-1581 for reservations.

Annual Lenten Retreat:

"The Beauty of God's Mercy"

Saturday, March 12 at Maryknoll Retreat Center
9:15am-5:00pm (Mass with Bishop Walsh at 4pm)

Online Registration:

<http://cemretreat2016.eventbrite.com>

\$20 per person includes lunch, light snacks & coffee/tea.

University Hospice:

Are you a good listener? Caring? University Hospice is a non-profit organization that provides quality, compassionate care at the end of life. This care involves a team of professionals and volunteers who address emotional, social and spiritual needs of the patients and their families. University Hospice is recruiting those interested in becoming a hospice volunteer. Volunteers are needed in various areas such as, visiting patients in their homes, nursing facilities, or in the hospital. Volunteers are also an essential part in our office and with our special projects. If interested, please call 718-226-6458. The next volunteer training will be held on April 16, 2016 at University Hospice.

Kids Praise Choir:

Hey Kids Praise! See you Wednesday, March 9th 5-6pm Chapel. We love new members (kids 5- 5th grade)!! Registration form required (available church office). Each rehearsal is like a party - singing wonderful, fun sacred songs in preparation for monthly Mass participation! Treats! Games! See you there! (Questions? Pamela 718-442-0058 VM 24)

France Voyager Choir has returned from their Great Cathedrals of France 2016 Choir Tour!! We are so appreciative of your prayers and support. We REALLY felt your prayers as we shared our music abroad!! And yes - there will be a CD!! So we greatly appreciate your support with that as well!! Le Dieu Soit La Gloire!! Merci, Merci beau coup!!

Parish Choir returns in March!

Don't miss this opportunity to hop on board for Holy Week preparations! Such a powerful, poignant week full of inspiring music liturgy - come join us!! See you Wednesday, March 9th, 7:30pm basement!!(Questions? Pamela VM 24)

Hymnbooks: Many have commented to me on the disrepair of many of our beloved, treasured hymnbooks - yet when I say would you like to help fix them, there is a lukewarm response!! Just to let you all know, I intend this summer to track down, fix, relocate and revive/or if necessary replace every failing hymnbook!! I can only accomplish this with your financial help and support, of course!! More to follow!! Pamela 718-442-0058 VM 24

Buy a hymnbook! Fix a hymnbook! Put away a hymnbook! Join a choir today! Come on our next trip with us!

ALTAR SERVER SCHEDULE MAR 12 & MAR 13

Saturday, March 12

5:00 Tim Donnelly & Sarah Lauren

Sunday, March 13

7:00 Maeve Butler & Veronica Kaleta

9:00 Kelly Shashaty & Timothy Koleci

11:00 Matthew & Chris Riccardi

1:00 Austin Maida & Jack Lotito

5:00 Deidre & John McCafferty



Next Sunday March 13th begins Daylight Saving Time. Don't forget to spring ahead one hour.