

SIXTH SUNDAY IN ORDINARY TIME



**SATURDAY, FEBRUARY 14**

5:00 MARGARET SIX

**SUNDAY, FEBRUARY 15**

7:00 DECEASED MEMBERS OF THE QUINN & McCAULEY FAMILY

8:30 THERESE O'SHEA

10:00 MICHAEL DaROCHA

11:30 PEOPLE OF THE PARISH

1:00 YIN LIAN CHEN

5:00 DIANA KISTO

**MONDAY, FEBRUARY 16**

7:00 ELEANOR TORKELSON

9:00 CORINNE A. O'BRIEN & FLORENCE KENNEDY

**TUESDAY, FEBRUARY 17**

7:00 MSGR. ANDREW QUINN

9:00 MICHAEL & THERESE FRANCIS

**WEDNESDAY, FEBRUARY 18 ASH WEDNESDAY**

7:00 DECEASED PARISHIONERS OF SACRED HEART PARISH

9:00 LOUISE SCHMIDT

12:00 MARY JANE ALLOCCA

3:00 SERVICE OF THE WORD

7:00 ALL THOSE IN THE ARMED FORCES

**THURSDAY, FEBRUARY 19**

7:00 JOAN & JOHN PRENTY

9:00 BARBARA BURNS

**FRIDAY, FEBRUARY 20**

7:00 SPECIAL INTENTIONS

9:00 DECEASED MEMBERS OF THE DOLAN & LYONS FAMILIES & SOULS IN PURGATORY

**SATURDAY, FEBRUARY 21**

9:00 THANKSGIVING FOR THE 70<sup>TH</sup> BIRTHDAY OF AMBASSADOR KENNEDY APOE

5:00 BRENDAN HOEY

**SUNDAY, FEBRUARY 22**

7:00 JOHN McGAUGHEY

8:30 AL & SUE AMORE

10:00 XUE QIAN ZHEN

11:30 PEOPLE OF THE PARISH

1:00 SALVATORE PARAMITO & SONS

5:00 RUTH BURKE

The Sanctuary Candle is in loving memory of Peter Edward Pellegrito requested by Evelyn Lacagnino and the Students of Sacred Heart School.

**LECTORS**

5:00 Bill Jones

7:00 Vincent Tarasovis

8:30 Charles Romanelli

10:00 Roy Hansen

11:30 Ken Wisniewski

1:00 Stephen Brown

5:00 Efrain Ortiz

**EUCCHARISTIC MINISTERS**

**Saturday, February 21**

Theresa Hudik

**Sunday, February 22**

Charlie Blaich

Mary Romanelli

Pat Jezycki

Regina Torello

John Mooney

Amal Hanna



Susan Pellecchia, Lois Mazzitelli, Rosanne Mezzacappa, Christopher Luciano, Patricia Repoli, Tim Campagna, Alberto Meranda, Jerry Russo, Anna Parente, James Parente, Gerard Crane, Ruth Manieri, Rafaella Tierno, Mary Kenny, John C. Marino, Michael Rucci, Cpl Justin Campbell, Joyce Rusinak, Barbara Brennan, Sam Pezzano, Sheila Jones, Edward B. Hanson, Robert Gaylord, Emily Baron, Frank Silvestri, Carol Van Manen, Frank Juliano, Richard Nagrowski, Theresa Mirante, Diane Gregorio, Barbara Walsh, Ruth Irons, Christian Pepo, Joe Arrigo, Joe Meagher, Thomas Coppola II, Terrence Gibbons, Rita Paolini, James Bauer, Fr. Vincent De Fazio

**Collection February 8**

Regular ..... \$6,754.50  
 Christmas ..... \$78.00  
 Building Fund ..... \$611.00  
 50/50 ..... \$460.00

Congratulations to Mr. and Mrs. John Tobin/Daniel Rowan on winning the January 50/50.

The special collection this weekend is for Peter's Pence

**ASH WEDNESDAY SCHEDULE** ashes will be distributed after the homily at the 7:00, 9:00 AM, 12:00 Noon and 7:00 PM Masses. Ashes will also be distributed in conjunction with a brief Service of the Word at 3PM. In accordance with Church norms, ashes will only be distributed at Mass or at the Service of the Word.

**EXPOSITION OF THE BLESSED SACRAMENT AND STATIONS OF THE CROSS** every Friday during Lent starting this Fri., Feb. 20.

Exposition will start at 11AM (barring any funerals) and end with Benediction at 7:15PM. Stations of the Cross will follow at 7:30PM.



In the charity of your prayers please pray for the soul of  
 Rose Garpestead

The Rectory Office will be closed Feb. 16 for  
 Presidents' Day

## LENT - TIME FOR A SPIRITUAL TUNE-UP!

The story is told of a young boy who saw his dad drinking a beer in the Lenten Season. Well, when the son saw this, he came over to his father and said, "Hey Dad, I thought you gave up liquor for Lent." Dad says, "No son; you see, I gave up hard liquor!" The next day, Dad sees his son and he's eating a candy bar. Dad says, "Hey! I thought you gave up candy for Lent!" The son says, "No Dad, I gave up hard candy!" The power of example!

Well this week, on February 18<sup>th</sup>, we celebrate Ash Wednesday; it is the start of the Season of Lent. This forty-day period of Penance and Prayer, if taken seriously could be considered as kind of a "spiritual tune-up" for our souls. During Lent, the Church recommends that we do three things to get us back into spiritual shape. They are Prayer, Fasting and Almsgiving.

Now we all know what Prayer is. Simply put, it is talking to God. Yes, we know what prayer is - but do we do it? Lent is a time for us to give more time to praying. An old pastor of mine had this sign in his room above the door: "Seven days without prayer makes one W-E-A-K." How true. Without the grace given to us by God in prayer we are pushovers for the world, the flesh and the devil.

Secondly, there is Fasting. That means going without food and abstaining from certain pleasures so that we might gain control over our unruly desires and appetites. Today, many people just live by the pleasure principle. There is little or no self-denial. A little girl was once asked, "What will you do when you get big like your mother?" She replied, "Go on a diet!"

Well fasting is not dieting, but by our sacrifices and penances, we exercise our soul and our moral muscles. When we say "No" to

the dessert, the candies, the cocktail or the cigarettes we gain self-mastery.

Finally, there is Almsgiving. This sort of giving can be financial. Certainly we can and should give money to charity and that is very praiseworthy. But what about giving of ourselves, our time and our energy to assist others? The needs of others are countless but often enough we are oblivious to the concerns of our neighbor.

This Lent could be a time for us to think a little bit less about this troublesome thing known as "self" and to extend our hands in compassion to our needy brothers and sisters. Whatever we do during Lent, Prayer, Fasting or Almsgiving - let us do it for the right reasons - not to show off like the Pharisees in the Gospel, Jesus said, they were already repaid! May we pray, fast and give for the right reason - to please Almighty God!

As I drive around the streets of the Island lately, I notice a great deal of "potholes." Some of them are enormous! But as we go through life, we encounter what I call "spiritual potholes." These are the potholes of sin, temptation and selfishness, which can wreak havoc upon the engine that is our soul.

Well, we can do something about that. This Lent, ask the Lord for that "spiritual tune-up" so that we go further, faster and farther on that road that leads to God and to glory! Sincerely in Christ, Father Jerome

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*I would like to express my sincere gratitude to all the parishioners of Sacred Heart Parish for your contributions during the Christmas Season. Thanks to your generosity our Christmas contributions totaled an astounding \$53,180.00.*

*Thank you again and God Bless you!*

*Fr. Jerome*

## LENTEN REGULATIONS

1 - Lent is to be observed as a special season of prayer, penance and Christian charity.

2 - Ash Wednesday and Good Friday are days of abstinence from meat. They are also days of fasting, allowing one full meal.

3 - The other Fridays of Lent are days of abstinence from meat. The obligation of fasting on Ash Wednesday and Good Friday obliges all Catholics 21 years of age until the completion of their 59<sup>th</sup> year. The obligation of abstinence obliges all Catholics from the age of 14. Those whose health or efficiency of work would be substantially impaired by fast and abstinence are excused from physical mortification. When there is doubt or question regarding an individual's obligation a priest should be consulted.



**SACRED HEART SCHOOL** School registration for 2015-2016 is taking place. Grades: Pre-K3, Free UPK, Kindergarten and 1-8. Please call the school office for an application and information.

**CCD** February Class - 25<sup>th</sup>

**MESSAGE FROM PACK/TROOP 74 OF SACRED HEART** February 8, 2015 is celebrated nationally as Scout Sunday. We celebrate Scout Sunday, in part, to give thanks, in reflection of the year past and to look to the year ahead. We celebrate, because of the choice that scouts, parents and leaders have made, to commit themselves to the principles of Scouting. There are so many to thank. Father Jerome, the leaders, parents, the Scouts, the church and school groups and the parishioners of Sacred Heart Church. Thank you for helping support our endeavors from the car wash to the car shows, to the food drives and the toy drives (approximately 250 toys were received by RUMC's pediatric clinic) and the sale of Christmas wreaths. Thank you and God Bless You Sacred Heart for your continued support and prayers to our Scouting program.

Tim Donnelly, Committee Chairman of Pack/Troop 74

### Come Sing with Us!

Next rehearsal for Parish Choir before and after Ash Wed. Mass 6PM Feb. 18<sup>th</sup> (with Ash Wed. Mass following) - see you in the loft 6PM!!

Kids Praise Choir rehearses Wed., Feb. 25 5-6PM Chapel-join us today!! (Registration forms required) Family Choir/France Traveling Choir sings March 1, 2015 11:30AM Mass 2<sup>nd</sup> Sunday of Lent Prizes! Treats! Coffee! See you in the loft!! Bring the entire family!!

Hope to see you in at least one choir for the upcoming Lenten-Easter Season - Blessings Abound!! Don't miss it!! See you in the loft!!

Pamela 442-0058 (VM24)

CD's available from our Portugal Tour 2013 (including the selections recorded 1<sup>st</sup> Sunday Advent in Fatima Basilica!) "Healing... restorative"... just a few comments about this extraordinary CD - pick up a few today for the bedridden, ill, infirm elderly - thank you for your support!!

Join a choir today! Put away a hymnbook! Purchase a CD! Join us on our Mass/Choir tour Great Cathedrals France 2016!

**DID YOU KNOW...**that the Education Investment Tax Credit would help not only religious school children, but also private and public school children by generating funds for private scholarships and public schools? This credit would also provide funds for public and private school teachers to purchase classroom materials. For more information, visit [invested.org](http://invested.org)

**SENIOR ART LESSONS** Watercolor Art - Blessed Sacrament Parish - Wednesdays 11AM to 1:30PM Fee \$10. Beginners welcome. Call 718-447-9657.

**ST. FRANCIS CATHOLIC SINGLES** for those in their 30s, 40s and 50s - Feb. 19 meeting 7:15PM at Holy Family Church - Cost \$10. Call 718-761-6663.

**ST. PAUL GRAMMAR SCHOOL REUNION** for classes of 1974, 75, and 76 - Mar. 21 at 7PM at LiGreci's. \$75 per person. RSVP by Mar. 1st. Call 718-490-9470.